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How to enjoy the eclipse responsibly?

GALACTICA





An eclipse is one of those moments you remember forever. That's why it's important to experience it well: taking care of yourself, of those around you, and also of the environment and the places that welcome you.

Spain will be the stage for the Iberian Trio, a unique sequence of solar eclipses that, over the next three years, will cross different destinations across the country. Below you will find a series of recommendations prepared by Galáctica and the Starlight Foundation, with the support of Airbnb, to enjoy these astronomical phenomena safely and respectfully.

01

Protect your eyes (and forget the “home-made tricks”)

Never look at the Sun directly, not even during the eclipse. Use only certified eclipse glasses (ISO 12312-2 and CE marking) in good condition and follow the manufacturer's instructions. Only during the totality phase (when the Sun is completely covered) is it safe to remove your glasses, and only while that phase lasts — never before or after.

Home-made solutions such as X-rays, CDs or smoked glass are not safe and can cause irreversible damage.



02

Be careful with optical instruments

Binoculars, telescopes and cameras intensify sunlight. This includes smartphone cameras too. They should only be used with certified solar filters fitted on the front, otherwise they can be dangerous both to your eyesight and to the equipment.





03

Plan ahead

Check the weather forecast, study the location and arrive with time to spare.

There are likely to be big crowds and coverage problems, so bring maps downloaded onto devices with enough battery, or on paper.

04

Respect the environment and act responsibly

Use designated parking areas and follow marked paths. Avoid entering protected areas or private property, and don't leave litter: everything you bring with you should come back with you.

Make sure you don't disturb the surroundings, and leave them just as you found them.





05

Turn down the volume

An eclipse is a natural spectacle that invites calm. Avoid loud music, horns or shouting.

Silence is also part of the experience and lets you sense how nature changes as darkness falls.

06

Take extra care with fire

In summer, the risk of wildfires is very high. Follow all the authorities' recommendations on wildfire prevention and respect any bans on lighting fires. Seemingly harmless behaviour — such as parking on dry vegetation — can start a fire. In any emergency, call 112.





07

Go local

Beyond the sky, every place has its own stories, flavours and people that make it unique.

Discover a charming bar, try local produce or chat with those who know the area. And if you're staying nearby, ask your host: no one is better placed to recommend hidden corners, timings or special ways to experience the eclipse. That way, a brief visit becomes an authentic experience.

08

Notice what's happening around you too

An eclipse isn't only seen: it's felt too. During the phenomenon, surprising changes can occur in the surroundings, such as a noticeable drop in temperature — sometimes accompanied by the so-called 'eclipse wind' — or changes in animal behaviour, as they react as if night were falling.

Take a moment to observe and enjoy these details: they're part of a unique experience.



The information contained in this material is purely informative. Although generally accepted recommendations for the safe observation of solar eclipses have been followed, the absence of risks arising from improper observation is not guaranteed. It is each person's responsibility to ensure they use safe observation methods, such as certified solar-eclipse glasses or certified devices. The entities accept no liability for any personal injury, material damage or harm of any other kind arising from the use of the information provided here or from incorrect observation of the phenomenon.